



Lifestyle Prescriptions® Health Coach Certificate **1**

9-12 Months | LPHC + NBHWC | Self-Study with Practicums

- 8 Self-Study Online Video Courses
- 2 Live Class Practicums (3-Months each)
- Faculty, Graduate & Social Study Group Support
- Root-Cause Analysis & Health Coach Techniques & Protocols, Organ-Mind-Brain Anatomy, Write Lifestyle Prescriptions®
- Apply 6 Root-Causes, 9 Points/Phases & 20 Health Outcomes
- Earn 50 ECTS credits and continue with your M.A.

* Lifestyle Prescriptions® Root-Cause Health Coach Certificate awarded.
 ** Graduates may sit for the NBHWC exam (optional)
 *** The LPHC Training equals year 1 of the Masters Program.



Integrated Master's Degree in Health Coaching (M.A.) **2**

3-4 Years | 240 ECTS Credits | Self-Study with Live Practicums

- Undergraduate Bachelor's with post-graduate Master's Degree
- Specialist in Lifestyle Medicine, Root-Cause Analysis & Health Coaching, based on Organ-Mind-Brain Anatomy™
- 4 Practicum Intensives to master skills (with mentor support)
- Elective Courses with Capstone Project
- 75% of Study & Work Credits may be transferred
- Complete in 1-4 years (depending on applied credits)
- Master's Degree in Health Coaching awarded



Doctorate in Health Coaching or Lifestyle Medicine (Ph.D.) **3**

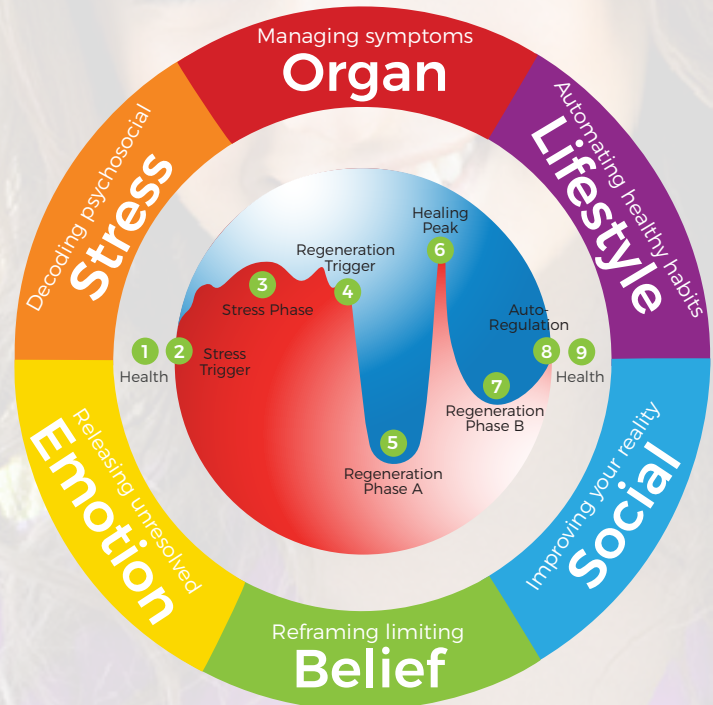
2-3 Years | Self-Study Courses | Research | Dissertation

- Includes self-study courses, practicum, research, and writing a dissertation
- Support from faculty and professors
- 20% Credit Transfers possible
- Doctor of Philosophy in Health Coaching or Lifestyle Medicine awarded

Ph.D. Fast-Track Program (LPHC, M.A. and Ph.D.) **+**

2-5 Years | All-Inclusive | Maximum Tuition & Time Savings

- Combined Certificate, Masters and Ph.d Degree Programs
- Comprehensive credit of your education & work experience
- Complete in 2-5 Years (depends on previous education)
- Apply 75% M.A. and 20% Ph.D. credit transfers
- Only available for qualifying students with work experience
- Fast-Track evaluation review is required



Request your Degree Evaluation Review:

LifestylePrescriptions.TV/apply
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